

Preparedness Roundup

“Thunderstorm Safety”



Lightning Myths

Myth: You are safe from lightning if the sky above is clear.

Fact: Lightning can strike 10 to 15 miles away from the storm so if there is a storm in your area and the sky above is clear, you are not necessarily safe from lightning.

Myth: You are completely safe from lightning inside a house.

Fact: Lightning can flow into your home through various conductors. Avoid using the telephone or electrical appliances and do not take showers or baths. Stay away from doors and windows. Telephone lines, cords, plumbing, even metal window and door frames are lightning conductors.

Myth: People struck by lightning carry an electrical charge and should not be touched.

Fact: People struck by lightning do not carry an electrical charge. Check the scene for safety and then check the victim.

Preparedness Messaging

- Watch for signs of a storm, like darkening skies, lightning flashes and increasing wind.
- Postpone outdoor activities if storms are likely to occur in your area.
- If a severe thunderstorm warning is issued, take shelter in a substantial building or in a vehicle with the windows closed.
- The National Weather Service recommends staying indoors for at least 30 minutes after a storm has passed.



#LightningMyths
#ThunderstormTips
@RedCross

Lightning strikes kill an average of 53 people a year in the United States. Peak season occurs during the summer, but lightning events can happen year-round.

Next Week at ARC:
Pet First Aid Month Kickoff



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